



Single User Breast Pumps



April 26, 2013

Policy C-G-2

Purpose: To promote consistency in education and the documentation of the distribution of breast pumps.

Policy: Distribute single user breast pumps within the WIC program for qualified clients. Train clients on the proper use of breast pumps provided by Three Rivers. If clients have Medicaid Insurance coverage, clinic staff will assist with arrangements for obtaining breast pumps through their insurance provider

Procedure:

- I. All clinic nurses will be trained in the distribution of breast pumps to qualified clients.
 - A. Clinic nurses will be trained to evaluate a woman's need for a breast pump; authorize the provision and issuance of a pump; teach hand massage and expression in conjunction with the pump; teach clients to use the pump; and provide follow-up services.
 - B. The Breastfeeding Coordinator will train staff regarding breastfeeding and the issuance of breast pumps.
- II. Breast pumps should be handled in a way to prevent theft or unauthorized use.
 - A. Breast pumps will be stored in a locked cabinet or room.
 - B. The clinic clerk will complete the breast pump inventory on a monthly basis.
- III. Single user breast pumps are given to WIC mothers, who do not have insurance coverage, who are going back to work or school.
 - A. Please see the Policies on Loaning/Renting Electric Breast Pumps in the Core Public Health Services Guide if a pump is needed for another medical reason.
- IV. Client will be given verbal and written information on the use of the breast pump provided by Three Rivers.
 - A. Information should include the instruction manual from the breast pump manufacturer.
 - B. Clinic nurse will provide a demonstration of the assembly and the use of the breast pump.

- C. Clinic nurse will orient client to the washing and sterilization of the breast pump in the instruction manual.
 - D. Client should demonstrate the assembly and the disassembly of the breast pump before leaving the office.
- V. Clients should receive information on the collection and storage of breast milk.
- A. Guidelines can be printed from the Center for Disease Control and Prevention website including the Proper Handling and Storage of Human Milk.
- VI. Clients who receive a breast pump from Three Rivers should have documentation of breast pump counseling and issuance in their chart. Documentation should include:
- A. Reason for issuing pump
 - B. Name of pump provided
 - C. A summary of information given
 - D. An assessment of the clients comprehension of the counseling provided
 - E. Plans for follow-up
- VII. Client will need to sign a Verification of Informed Consent
- A. A copy of the form will need to be placed in the client's chart.
- VIII. The client should receive follow-up services as outlined in the Core Public Health Services Guide.

District Director

Date

Chairperson, Three Rivers District Board of Health

Date