GALLATIN COUNTY

COMMUNITY HEALTH IMPROVEMENT PLAN

THREE RIVERS DISTRICT HEALTH DEPARTMENT

EXECUTIVE SUMMARY:

Three Rivers District Health Department is committed to achieving health equity for all members of the Gallatin County community. Achieving health equity for all members of a community is the core foundation of public health. Addressing the social determinants of health inequity requires engaging multiple individuals who have knowledge about the social, economic, and physical barriers that affect a community. Community members of multiple sectors have profound insight in identifying these barriers, and as a group, they can analyze how to overcome those barriers *together*.

The Gallatin County Collaboration for Better Health & Safety recognizes that there are multiple pillars that serve as a means to improve one's health. Those pillars include Physical, Emotional, Social, Spiritual, Intellectual, Financial, and Environmental. These pillars also represent the core of the Gallatin County Collaboration for Better Health & Safety Coalition's mission and vision statement.

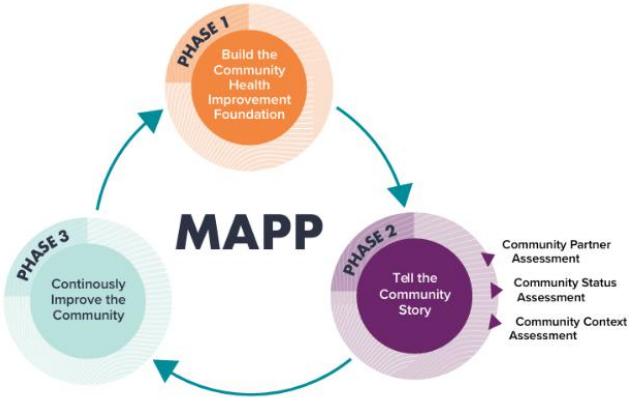
> **Our vision**: *Gallatin County to be the healthiest county in Kentucky.*
>
> **Our mission**: *Our mission is to improve the health and well-being of people in Gallatin County by promoting wellness and health to benefit the community, collaborating in order to improve access to care, healthy foods, physical activity and a clean drug-free environment, and ensuring sustainability through grants, gifts, and stewardship of the community's assets.*

The 2020 Decennial Census reported Gallatin County's population at 8,690. This small but vibrant community faces unique health challenges that require a tailored approach. We aim to create a healthier, more equitable environment for all residents. Our commitment to community health is unwavering. We believe that by addressing the social determinants of health and fostering collaboration among community members, we can achieve our vision of a healthier Gallatin County.

COMMUNITY PARTNERS:

Thank you to our community partners, for your public stewardship and investment in our community. A special thank you to those who have generously devoted their time and energy into completing our Community Health Assessments, participating in the planning process, and for their contributions to the Gallatin County Collaboration for Better Health and Safety. *(See attached Community Assets /Community Resource Inventory)*

METHODOLOGY:



Community partners representing a variety of organizations in Gallatin County convened to collaborate on and complete a community health improvement planning process. The group utilized a process based on Mobilizing for Action through Planning and Partnerships (MAPP) framework. MAPP is a strategic planning process that helps communities prioritize public health issues, identify resources and brainstorm programming to address them. MAPP is an interactive, flexible framework that can be tailored by communities to fit their needs. The purpose of using this planning process is to provide the framework for identifying needs and planning for change and is intended to help guide communities through this process.

The Gallatin County Coalition for Better Health & Safety MAPP visioning process began in 2025. *Community Partney Survey* collected data from organizations working in Gallatin County. *Planet Youth Survey* collected youth perspectives. *Windshield Surveys* were conducted summer 2025 in Warsaw, Glencoe and Sparta. *Forces of Change Activity* discussed opportunity and threats from events that could impact community health at the Gallatin County Coalition Meeting in 2025. The *Community Health Assessment* in Gallatin County collected 359 surveys, gathering data from citizens of Gallatin County.

By combining qualitative insights from community members and stakeholders with quantitative data from secondary sources, the Three Rivers District Health Department aimed to provide a thorough and nuanced understanding of the health needs in Gallatin County. This approach ensures that the assessment is both credible and reflective of the community's true health landscape.

This document summarizes health priorities and outlines the plan for improving the health of Gallatin County. The first section describes the demographics of Gallatin County and briefly summarizes the Community Health Assessment. The second section describes the CHIP process. In this section the health priorities are identified with supporting data and desired outcomes.

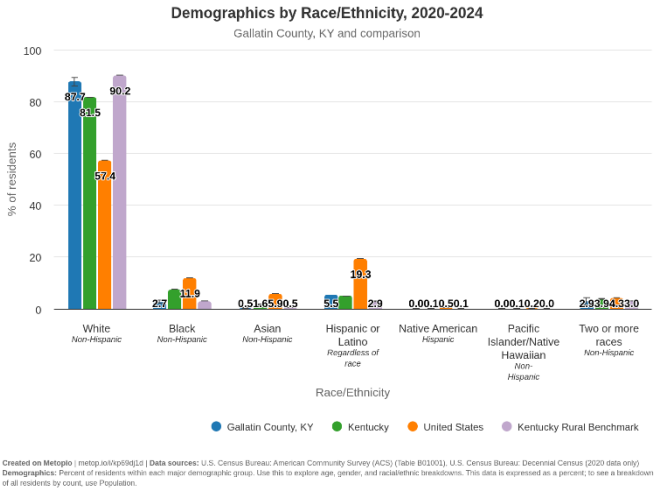
SECTION I:

GALLATIN COUNTY DEMOGRAPHICS:

Gallatin County, KY, is a rural community with a population of 8,690, according to the 2020 Decennial Census.

Demographics Overview

The demographics of Gallatin County reveal a predominantly White population, making up 87.7% of residents. Hispanic or Latino representation is notably lower at 5.5%, compared to the national average of 19.3%. The county also has smaller proportions of Black and Asian populations compared to both Kentucky and the United States.



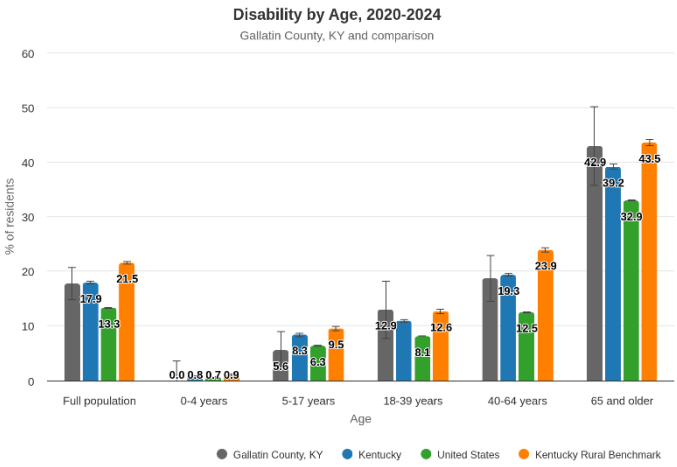
Created on Metopio | metop.io/iVp69dj1c0 | **Data sources:** U.S. Census Bureau: American Community Survey (ACS) (Table B01001), U.S. Census Bureau: Decennial Census (2020 data only)
Demographics: Percent of residents within each major demographic group. Use this to explore age, gender, and racial/ethnic breakdowns. This data is expressed as a percent; to see a breakdown of all residents by count, use Population.

Age Distribution

The population distribution in Gallatin County is fairly consistent with Kentucky and the United States, with a slight variation in the 18-39 years age group. The county has a higher percentage of residents aged 40-64 compared to the state and national averages. However, it has a lower percentage of individuals aged 65 and older.

Disability Rates

Disability rates in Gallatin County are generally higher compared to the state of Kentucky and the United States as a whole, particularly among older age groups. Specifically, 42.9% of individuals aged 65 and older in Gallatin County report a disability.



Created on Metopio | metop.io/it19ogkhm | **Data source:** U.S. Census Bureau: American Community Survey (ACS) (Table S1810)
Disability: Percent of residents with a disability, defined as one or more sensory disabilities or difficulties with everyday tasks.

Gender Distribution

The data shows a slight male majority in Gallatin County, with 50.7% of the population. The female population in Gallatin County is 49.3%.The margins of error indicate some variability in these percentages, but the general trend shows a balanced gender distribution across all levels.

ACCESS TO CARE:

Access to care is a critical component of community health, impacting the overall well-being of Gallatin County residents. When residents have easy access to healthcare services, they are more likely to receive preventive care, manage chronic conditions, and maintain good health. However, barriers to access can lead to delayed treatment, worsening health outcomes, and increased healthcare costs.

Key Findings at a Glance

- 76.9% of adults in Gallatin County reported having a routine checkup in the past year, which is higher than the national average.
- Several factors influence access to care in Gallatin County. The rural nature of the area means that residents travel long distances to access healthcare services. This is particularly challenging for seniors and those with limited mobility. Additionally, the availability of specialty care physicians is limited, which can delay necessary treatments. Financial barriers also play a significant role, with many residents citing the cost of healthcare as a reason for delaying care.
- Residents have expressed concerns about the lack of local healthcare services and the need for more accessible care.
- Certain groups in Gallatin County face greater barriers to accessing care. Seniors, low-income residents, and those without reliable transportation. The lack of local healthcare providers means that these groups must travel further for care, which can be a significant burden.

BUILT ENVIRONMENT:

The built environment plays a crucial role in shaping the health and well-being of Gallatin County residents. This includes everything from housing quality and transportation options to access to green spaces and recreational facilities. A well-designed built environment can promote physical activity, reduce exposure to environmental hazards, and improve overall quality of life. Conversely, poorly planned or neglected built environments can contribute to health disparities and limit opportunities for healthy living.

Key Findings at a Glance

- **Drive alone to work**: 78.3% of Gallatin County workers commute alone by car, higher than the national average of 68.8%.
- **Walkability Index**: Gallatin County has a Walkability Index of 4.7, far below the national average of 9.5.
- **Internet access**: 91.1% of households in Gallatin County have internet access, slightly below the national average.

OVERALL HEALTH:

Overall health is a crucial indicator of a community's well-being, impacting everything from individual quality of life to the effectiveness of local health systems. In Gallatin County, KY, the overall health of residents is a significant concern, as evidenced by various indicators and community feedback.

Key Findings at a Glance

- **Life Expectancy**: The life expectancy in Gallatin County is 71.58 years, which is in the lowest quartile nationally. This is significantly lower than the state average of 73.3 years and the national average of 77.1 years.
- **Self-reported Health**: A notable 22.4% of adults in Gallatin County report fair or poor health, which is higher than both the state and national averages.
- **Chronic Conditions**: There is a high prevalence of chronic conditions such as hearing and vision loss among residents, with 15.1% of adults reporting poor physical health.

SOCIO-ECONOMIC FACTORS:

Socio-economic factors play a crucial role in shaping the health and well-being of a community. In Gallatin County, KY, these factors significantly impact residents' quality of life and access to healthcare. The community's socio-economic landscape, including education levels, employment status, and income distribution, influences the overall health outcomes and access to resources.

Key Findings at a Glance

- **High School Graduation Rate**: Gallatin County has a high school graduation rate of 84.59%, which is in the lowest quartile nationally. This indicates
- **Unemployment rate** of 4.6%, though lower than the national average, still impacts residents' financial stability.
- Community members have expressed concerns about the lack of resources and financial assistance, which are critical for addressing socio-economic disparities. One resident noted, "Financial assistance is essential for many families struggling to make ends meet." This sentiment is echoed by the community's belief that policies like utility assistance and mandatory sick time are important for ensuring a healthy community.
- College graduation rate of 15.01% and higher percentage of individuals with less than a high school education highlight the need for targeted educational and economic support.

POVERTY:

Poverty is a critical issue in Gallatin County, impacting residents' quality of life and straining local health systems. Economic hardship limits access to basic necessities, healthcare, education, and safe living conditions, contributing to a cycle of poor health outcomes and decreased life opportunities. Addressing poverty is essential for improving overall community health and well-being.

Key Findings at a Glance

- **Poverty Rate**: 13.8% of Gallatin County residents live below the federal poverty level, which is in the third quartile nationally.
- **Below 150% of Poverty Level**: 28.3% of residents live below 150% of the federal poverty level, indicating a significant portion of the population struggles with economic hardship.
- **Poverty by Age**: The poverty rate is notably higher in younger age groups, with the highest disparity observed in children aged 0-4 years,
- Several factors contribute to the high poverty rates in Gallatin County. Limited access to quality education and employment opportunities, along with inadequate access to healthcare and social services, perpetuates economic hardship. The lack of affordable housing and food access gaps further exacerbate the situation, particularly for older adults, low-income families, and youth.

BEHAVIORAL HEALTH:

Behavioral health is a critical aspect of overall well-being, encompassing mental health and substance use disorders. In Gallatin County, the prevalence of mental health disorders and access to mental health services are significant concerns. Poor mental health can affect daily living, relationships, and physical health, leading to a diminished quality of life for residents. Addressing behavioral health is essential for fostering a healthier community.

Key Findings at a Glance

- **Depression**: 28.4% of adults in Gallatin County reported experiencing depression, which is higher than the national average and places the county in the top quartile nationally.
- **Self-reported Poor Mental Health**: 19.1% of adults reported 14 or more days of poor mental health in the past month, indicating a significant burden of mental health issues.
- **Binge Drinking**: 15.2% of adults reported binge drinking, which is in the lowest quartile nationally, suggesting a lower prevalence compared to other areas.
- **Mental Health Problems**: 29.6% of respondents in Warsaw believe mental health problems have the most significant impact on health, highlighting a community concern.

HOUSING:

Housing quality and affordability are crucial factors that shape health outcomes in Gallatin County. The condition of housing directly influences various aspects of well-being, including physical health, mental health, and socioeconomic stability. High housing cost burdens, eviction rates, and crowded living conditions can lead to housing instability and homelessness, which negatively impact the community's overall health.

Key Findings at a Glance

- **Severe Housing Cost Burden**: 20.3% of occupied housing units in Gallatin County are severely housing cost-burdened, meaning they spend more than 50% of their income on housing. This is higher than the national average but lower than Kentucky's average.
- **Eviction Rate**: The eviction rate in Gallatin County is 3.48%, which is in the top quartile nationally. This indicates a high level of housing instability.
- **Crowded Housing**: 6.0% of occupied housing units in Gallatin County are crowded.

CHRONIC DISEASE & HEALTH BEHAVIORS:

Chronic diseases, such as diabetes, heart disease, and obesity, have a significant impact on the health and well-being of Gallatin County residents. These conditions not only affect individual quality of life but also place a substantial burden on local health systems. Poor health behaviors can lead to chronic diseases, mental health issues, and a reduced quality of life. Addressing chronic diseases is crucial for improving overall community health and reducing healthcare costs.

Key Findings at a Glance

- High blood pressure prevalence is 40.1% in Gallatin County (2021)(CDC PLACES, 2021).
- Adult diagnosed diabetes prevalence is 13.7% in Gallatin County, slightly below Kentucky overall (14.0%)
- Mammography screening among women ages 50–74 is 72.3% in Gallatin County, slightly below Kentucky overall (72.9%)
- Cholesterol screening: 82.3% of adults in Gallatin County reported having their cholesterol checked within the previous 5 years, placing the county in the third quartile nationally.
- Colorectal cancer screening: 58.2% of adults in Gallatin County reported having had colorectal cancer screening, which is below the state and national averages.
- Cigarette smoking rate: 20.4% of adults in Gallatin County reported smoking
- No exercise: 22.3% of adults in Gallatin County reported no exercise

FOOD ACCESS:

Access to fresh, healthy, and affordable food is a critical component of community health. In Gallatin County, KY, food access limitations have emerged as a significant concern, impacting the overall well-being of residents. This issue affects the quality of life and places additional strain on local health systems, as inadequate nutrition can lead to various health problems.

Key Findings at a Glance

- Food Insecurity: 15.6% of Gallatin County residents experienced food insecurity in the past year, which is higher than the national average.
- Grocery Stores: The county has a lower number of grocery stores compared to the state average, indicating limited access to fresh food.
- Food Assistance: 12.4% of households receive Supplemental Nutrition Assistance Program (SNAP) benefits, but a significant portion of households in poverty do not receive these benefits.

MATERNAL AND CHILD HEALTH:

Maternal and child health is a crucial aspect of community well-being, impacting the quality of life and health outcomes for both mothers and their children. In Gallatin County, ensuring access to comprehensive healthcare services for mothers and children is essential for fostering a healthy community. This section explores the indicators and contributing factors that highlight the need for improved maternal and child health services in the area.

Key Findings at a Glance

- Teen birth rate: The teen birth rate in Gallatin County is 0.0 per 1,000 women aged 15-19, which is significantly lower than the national average.
- Grandparents responsible for grandchildren: In Gallatin County, 5.23% of residents aged 30 and older are responsible for their grandchildren, which is higher than the state and national averages.

CONCLUSION:

The Community Health Assessment for Gallatin County, conducted by the Three Rivers District Health Department, aimed to identify and address the most pressing health needs of our community. The assessment revealed several prioritized health needs that require immediate attention.

Access to care emerged as a critical issue, with many residents facing barriers due to the rural nature of our county, limited local healthcare services, and financial constraints. The high prevalence of chronic diseases, such as high blood pressure and cancer, further underscores the need for enhanced healthcare services and support systems.

Our built environment also presents significant challenges. The lack of public transportation and limited access to green spaces hinder residents' ability to engage in healthy behaviors.

Additionally, housing quality and affordability are major concerns, with many residents experiencing housing cost burdens and overcrowded living conditions.

Behavioral health is another area of concern, with high rates of depression and mental health issues reported among our residents. The lack of mental health providers and the difficulty in accessing services highlight the need for improved behavioral health resources.

Socioeconomic factors, including high poverty rates and limited educational attainment, significantly impact the health and well-being of our community. Addressing these issues requires a multifaceted approach that includes improving access to education, employment opportunities, and financial assistance.

Food access is a critical component of community health, and our assessment revealed significant gaps in this area. The limited number of grocery stores and the reliance on convenience stores and seasonal produce stands underscore the need for improved food distribution systems.

Addressing these prioritized health needs will require a collaborative effort from local government, healthcare providers, community organizations, and residents. By working together, we can develop and implement effective solutions that improve health outcomes and enhance the quality of life for all residents of Gallatin County. As we move forward, it is essential to prioritize these health concerns and allocate resources to address them. Strategic planning and community collaboration will be key to achieving our vision of making Gallatin County the healthiest county in Kentucky. With dedication and collective effort, we can create a healthier, more resilient community for future generations.

SECTION II: COMMUNITY HEALTH IMPROVEMENT PLAN GALLATIN COUNTY PRIORITY HEALTH NEEDS:

CANCER AND CHRONIC DISEASE PREVENTION

Reduce the impact of chronic diseases and support healthy aging through prevention education, increased screenings, and improved access to supportive services. Cancer has been identified as a key health risk affecting residents, reflecting the need for stronger education, risk reduction strategies, and improved access to screening and care. Strong partnerships among public health, schools, local government, and community organizations support coordinated health improvement efforts. Residents in Gallatin County face limited access to healthcare because systems and resources favor urban areas, creating unequal opportunities for primary, and specialty care.

MENTAL HEALTH

Improve mental health outcomes by increasing awareness, reducing stigma, and expanding access to mental health services and support systems. Mental health challenges, including stress, anxiety, and depression, affect residents across the lifespan, with access barriers contributing to unmet need. Many people in Gallatin County lack access to mental health care because services are concentrated in certain areas, leaving rural communities underserved.

OVERWEIGHT/OBESITY AND HEALTHY AGING

Reduce overweight and obesity rates by improving access to healthy foods, physical activity opportunities, healthier lifestyles, community wellness education. Limited access to affordable, healthy food options contributes to nutrition challenges and increased risk of overweight, obesity, and chronic disease. Overweight, obesity, and related chronic diseases remain significant community health concerns affecting adults and aging populations.

DRUG AND ALCOHOL ABUSE PREVENTION

Reduce substance misuse and strengthen prevention, treatment, and recovery support throughout the community. Substance use impacts the health and well-being of individuals, families, and the community. Through participation in Planet Youth, Gallatin County can use local youth data to identify risk and protective factors and guide community-wide prevention efforts that strengthen families, engage youth, and prevent substance use before it begins.

HEALTH PRIORITY 1:

CANCER AND CHRONIC DISEASE PREVENTION

Goal of Health Priority:

Reduce the impact of chronic diseases and support healthy aging through prevention education, increased screenings, and improved access to supportive services.

Objectives (Target Date: June 30, 2030):

1.1. Improve diabetes self-management knowledge, skills, and healthy lifestyle behaviors among community members living with Type 1, Type 2, and Gestational Diabetes to reduce the risk of diabetes-related complications and improve quality of life.

1.2. Increase cancer screening (Mammography, Cervical, Colorectal) rates for Gallatin County by 2%. (Screening Disparity Atlas)

1.3. Provide at least 6 community education programs, outreach campaigns, or wellness events annually focused on chronic disease prevention, and cancer awareness.

1.4. Decrease the percentage of Gallatin County adults who are current smokers by 2%. (County Health Ranking)

Strategies:

a) Promote diabetes prevention, screening, and early detection through community outreach and education.

b) Promote recommended cancer screenings and collaborated with mobile units providing cancer screenings in rural areas.

c) Educate rural populations about cancer risks and prevention. Partner with local healthcare providers for follow-up care.

d) Nicotine Replacement Therapy Program

e) American Lung Association - Freedom from Smoking Course

f) Promote recommended vaccinations and preventive healthcare services.

HEALTH PRIORITY 2:

MENTAL HEALTH

Goal of Health Priority:

Improve mental health outcomes by increasing awareness, reducing stigma, and expanding access to mental health services and support systems.

Objectives (Target Date: June 30, 2030):

2.1. Reduce the average number of "poor mental health days" reported by residents by 1.0 day. (County Health Rankings)

2.2. Increase mental health awareness training by 25% within 3 years.

2.3. Improve the answer rate of 988 crisis line calls from Gallatin County residents.

Strategies:

a) Expand school and workplace mental health initiatives by participating in outreach and wellness events.

b) Educate the community about mental health issues and resources available.

c) Collaborate with community partners to develop programs/services to educate, treat, prevent and assist residents with mental health issues.

HEALTH PRIORITY 3:

OBESITY AND HEALTHY AGING

Goal of Health Priority:

Reduce overweight and obesity rates by improving healthy foods, physical activity opportunities, healthier lifestyles and community wellness education.

Objectives (Target Date: June 30, 2030):

3.1. Reduce the percentage of Gallatin County adults with obesity by 3%. (County Health Rankings)

3.2. The percentage of Gallatin County adults reporting no leisure-time physical activity will decrease by 2%. (County Health Rankings)

3.3. Reduce fall risk among Gallatin County adults age 65 and older through increased participation in fall prevention, balance, strength, and physical activity programs.

3.4. Provide at least 3 community education programs, outreach campaigns, or wellness events annually with healthy aging, nutrition, and physical activity focus.

3.5. The percentage of youth drinking energy drinks will decrease. (Planet Youth Survey)

Strategies:

a) Strengthen partnerships with farmers market, local food pantries, and community organizations to increase access to affordable, nutritious foods.

b) Develop, maintain, and promote an up-to-date community food resource guide.

c) Develop Home Health Lite program at Three Rivers District Health Department to identify and address home health, safety hazards and fall risk prevention.

d) Strengthen partnerships with organizations serving older adults, including healthcare providers, senior centers, home health agencies, and community organizations.

e) Provide opportunities for older adults to participate in balance, strength, walking, and other age-appropriate physical activity programs.

f) Partner with community partners to offer/host free physical fitness opportunities.

g) Improve participation in community parks, trails, sidewalk and recreational facilities by through story walks, wellness events, and community partnerships.

h) Provide cooking, food preparation, and nutrition education to promote healthy eating, maintain independence, and support chronic disease prevention.

HEALTH PRIORITY 4:

DRUG AND ALCOHOL ABUSE PREVENTION

Goal of Health Priority:

Reduce the impact of substance use disorder and alcohol abuse in Gallatin County through prevention, early intervention, treatment, recovery support, and community partnerships.

Objectives (Target Date: June 30, 2030):

4.1. Reduce the percentage of individuals who reported binge or excessive drinking by 2%. (County Health Rankings)

4.2. Expand harm reduction efforts through naloxone distribution, overdose prevention education, and community partnership to reduce overdose incidents

4.3. Increase awareness and utilization of Community Health Worker (CHW) services by implementing at least three outreach and education strategies to connect Gallatin County residents with CHW services. (TRDHD Referral Numbers)

4.4. Increase Gallatin County students' knowledge of the health risks and addictive nature of nicotine and vaping products by providing evidence-based vaping prevention education. (Planet Youth)

Strategies:

a. Increase the number of residents connected to community resources through Sweet Owen HUB, including services related to healthcare, mental health, substance use, food security, transportation, housing, and other social needs.

b. Maintain and regularly restock community naloxone distribution boxes to ensure naloxone remains readily available to individuals and families at risk of opioid overdose.

c. Clear the Air - Gallatin County Schools Vaping education and disposal
   - Proper disposal of vape products
   - Decrease students who have self-reported to using vape or nicotine products.

d. Partner with Gallatin County Schools to deliver evidence-based vaping prevention education to students.

e. Use Planet Youth survey data to identify and address risk and protective factors related to youth alcohol and drug use, while strengthening family relationships, positive peer connections, extracurricular participation, and other protective factors that prevent substance use.

COMMUNITY ASSETS

COMMUNITY RESOURCE INVENTORY

Overweight -Physical Activity and Nutrition Resources **Community Asset**	**Community Asset Type**	**Community Asset Services**
Gallatin County Fitness	Business/Gym	Exercise Equipment, Personal Training, nutritional services
Three Rivers District Health Dept	Health Organization	WIC services, and breastfeeding support, Diabetes Support, education, HANDS, vaccines
Hartig Park	Recreation	Hiking trails, kayaking, family recreation activities
Gallatin County Schools – Family Resource Center - Youth Service Center	School	Blessing Box, Girls on the Run, 5K, events, referral services
TRIAD	Health Organization	Primary care services, pharmacy services
Gallatin Nursing and Rehab	Health Organization	Skilled level nursing, provides inpatient physical, speech, and occupational therapy
Gallatin County Library	Library	Free fitness classes, Zumba, chair yoga, yoga, children and teen activities and summer reading activities
Gallatin County Library – Story Walk	Recreation	Encourages youth and families to walk while reading outdoor books
NorthKey	Health Organization	Nutritionist through primary care
Old Pioneer Farmers Market	Farmers Market	Access to fresh produce, nutritional education

Drug and Alcohol Abuse Resources Community Asset	Community Asset Type	Community Asset Services
Three Rivers District Health Dept	Public Health Organization	Narcan, Community Health Worker support, the HUB, Harm Reduction
St. Elizabeth Healthcare- BabySteps	Hospital/Healthcare System	Medication Assisted Treatment (MAT), Baby Steps Program- Moms do not have to be a patient at St. Elizabeth to participate in the Baby Steps program.
Champions for Drugfree Gallatin County	Organization	Youth and parent drug prevention programs
Gallatin County Schools	School	KRUSH, GrandLove, School Social Worker,
NorthKey	Behavioral Health Organization	Intensive Outpatient Program (IOP), Medication for Opioid Use Disorder (MOUD), peer support, prescription lock boxes, KY Moms, Too Good for Drugs programming
UK HealthCare – Target 4 and LINK programs	Health Organization	Free Hep C and HIV testing and services. Can offer telehealth services to Galaltin County.
Jesus Coffee House	Organization	Hot Soup Lunch on Mondays, Celebrate Recovery, Walk in Hours, Open share, men's and women's step studies groups
ION Center	Domestic Violence Support	Prevention Services, counseling, court and hospital advocacy
Welcome House	Homelessness	Level 1 homeless assistance, homeless shelter in Cov but also serves rural areas.

Cancer Resources Community Asset	Community Asset Type	Community Asset Services
St. Elizabeth Healthcare	Health Organization	Mammogram visits Gallatin County for cancer screenings
Three Rivers District Health Dept	Health Organization	Diabetes Support, Nicotine Replacement Therapy, education, Community Health Worker support, medication assistance
TRIAD	Health Organization	Primary care services, pharmacy services, BH, optometry, mammogram screenings
Gallatin Nursing and Rehab	Health Organization	Skilled level nursing, provides inpatient physical, speech, and occupational therapy
KY Cancer Program	Health Organization	Risk reduction, health screenings, survivorship, and education

Healthy Aging Resources Community Asset	Community Asset Type	Community Asset Services
Gallatin County Fitness	Business/Gym	Silver Sneakers program, Exercise Equipment, Personal Training, nutritional services
Three Rivers District Health Dept	Health Organization	WIC services, and breastfeeding support, Diabetes Support, education, HANDS, vaccines
TRIAD	Health Organization	Primary care services, pharmacy services
Gallatin Nursing and Rehab	Health Organization	Skilled level nursing, provides inpatient physical, speech, and occupational therapy
Gallatin County Library	Library	Free chair yoga, computer resources, education, various other library resources
Gallatin County Senior Center	Community Organization	Meals and activities for seniors in Gallatin County
PACE	Health Organization	Provides free transportation and care for 55+ community. Supports and provides safe aging in your home.

Mental Health Resources Community Asset	Community Asset Type	Community Asset Services
Three Rivers District Health Dept **HANDS Program**	Parenting	Positive parenting and early childhood development
St. Elizabeth Healthcare	Healthcare System	Mental health services and telehealth
Gallatin County Schools	School	School Social Worker, Guidance Counselors, Small Groups, partnership with North Key for student counseling services
Hartig Park	Outdoor Recreation	Nature-based mental health benefits
NorthKey	Behavioral Health Organization	Counseling services
1N5	Mental Health Organization	Mental health education for youth and adults
Gallatin County Library	Library	Educational events and community connection
TRIAD	Health Organization	Behavioral Health Services